

[Somali]



Saint Paul **BLAST OFF** TO KINDERGARTEN

Nofeembar

Dugsiga Ha Laysu Diyaariyo

Xirfadaha Layliska Bishaan

- Ku dhirrigali is caawinta, wax wada qabsashada, wax wadaagidda, iyo in dadka kale loo naxariisto. Ilmahaaga ka caawi oo tababar ku sii sidii ay qalabka ay ku cayaaraan, buugagga, iyo waxyaabaha kale ula wadaagi lahaayeen kuwa kale. Ilmahaaga ka dhaadhici micnaha ka dambeeya caawinta iyo iskaashiga lala yeelanayo dadka kale.
- Qoyska u dhis qawaaniin dhinaca adaabta oo hubso in uu qofkasta uu raaco. Ilmahaaga kala hadal waxa ku saabsan qawaaniinta iyo sababta ay muhiim u tahay in iyaga la raaco.

Hawlaha

- Ilmahaaga bar sida loola cayaaro iyo sida loola shaqeeyo dadka kale. Cayaarta cayaar waliba waa in dheelaan 2 qofood ama wax ka badan. each your child how to work or play with others. Play games that need 2 or more people.
- Cayaar cayaarta ay caruurta raacayan nidaam xeer leh, sida cayaaraha shaxda oo kale, yooyool. "Hoggamiyaha ha la raaco," ama wax meel yaala ee laga leexanay.

Buugagga Caruurta Buugag dheeraad waxa laga helaa shabakadda internetka www.blastofftok.org

- *When You Go to Kindergarten* uu qoray James Howe
- *How Kind!* ay qortay Mary Murphy
- *Anna Shares* ay qortay Barbara Baker
- *The Pigeon Finds a Hot Dog* uu qoray Mo Willems
- *Slow Train to Oxmoor* uu qoray Kurt Cyrus
- *The Lion and the Mouse* ay qoreen Aesop

Buugagga Waalidka Buugag dheeraad waxa laga helaa shabakadda internetka www.blastofftok.org

- *Games for Learning: Ten Minutes a Day to Help Your Child Do Well in School- From Kindergarten to Third Grade* ay qortay Peggy Kaye
- *Ready, Start, School!* : *Nurturing and Guiding Your Child Through Preschool & Kindergarten* ay qortay Sandra F. Rief

Dugsiga Ha Laysku Diyaariyo

Layliska Xirfadaha Bishaan

- Maalinkasta ilmahaaga u akhri ama la fiirfiiri buugagga. U sheeg waxa ay sawirrada iyo sheekada ku saabsantahay. Ilmahaaga tus in aad xarfaha u akhriyaysid marka laga bilaabo bidix midigna loo socdo iyo marka bogga uu dhammado in sheekada ay ka soconayo bidix ilaa midig. Ilmahaaga u dhaaf in uu baalasha badalo. Buugga madaxa u rog (gambisid) oo xida u hay. Eeg haddii ilmahaaga uu u soo rogayo sida laga rabay.
- Buuga, maqaallo iyo waxyaalo kaloo la daabacay ilmahaaga gacanta ka saar. Isha ku hay waxa uu ilmahaaga jecelyihay oo u dhaaf in uu doorto buugaaga uu rabo, sida bugaaga tareennada iyo bisadaha.

Caafimaadka Ha Laga Qaado

Xirfadaha Layliska Bishaan

- Iska eeg in ilmahaaga uu haysto tallaalada laga rabo iyo baarista caafimaadka ee wakhtiga la joogo. Dhakhtarka ilmahaaga xiriiri oo iska hubso in ay ayada tallaaladeeda ay wakhtiga haadirka marayaan meesha laga rabay. Hayso koobiga xogta taallada ilmahaaga. Ballan caafimaadka looga baro ilmahaaga u qabo inta aysan galin dusiga barbaarinta.
- Ilmahaaga bar sida cuntada loo cuno iyo in ay iskood gacmaha iyo wajiga iska dhaqaan. Ilmahaaga tababar ku sii in ay diifka iska siiyiyaan ayna afka daboolaan marka ay hindhisayaan. Ilmahaaga u sheeg waxa ay yihiin jeermiska iyo sida ay ayga kuu soo jidaan karaan jirro.

Faahfaahin dheeraad ah booqo shabakadda internetka www.blastofftok.org